

Adult Sailing Class

Frequently Asked Questions

What times are the classes?

There will be one Friday evening introductory class and two weekend classes.

The Friday evening introductory class is from **7:00pm to 8:00** to get to know instructor and other students Saturday and Sunday times are **9:00am to 3:00pm** with a **1-hour lunch** break.

What should I wear?

This depends on weather. On hot days, wear clothing to protect from the Sun. Long sleeve shirts, hats, sunglasses and sun block are necessary. In cold conditions, you would want jackets and sweaters. In wetter conditions, some sort of foul weather gear. Remember it is always cooler on the water than is it on land. If it is windy, there is a significant wind chill even in the summer months. Shoes are a very important part of sailing. Good shoes that will support you and protect you while moving on uneven surfaces as well as in shallow water. Sailing gloves are also nice to have.

What should I bring?

You will need to bring water to stay hydrated. A small cooler and water bottles are encouraged.

Do I need to know how to swim?

Yes. While we do not expect you to end up in the water there is a very real chance that you could end up in the water.

What about lunch?

You are welcomed to bring your own lunch. You may be tired and not want to leave the premises and relax during lunch. If you prefer not to bring your lunch, we will have enough time to go to a local eatery for lunch as well.

Will I receive a book?

Yes, as part of the class you will be given a book on How to Sail book. You will not have to have read the book before class. In fact, it might make more sense to read the book after the first class or two.

Will there be a test?

No, we do not administer any tests. You will receive a small completion of sailing book. This will have information regarding what you will have learned during the course.

What boats will we use?

We use Flying Scots. These boats a very stable platform and very comfortable for older and less agile adults.

Will I be able to sail my high-performance catamaran after taking this class?

Yes. Sailing fundamentals are the same in all sailboats. Once mastering the basic skills in these boats, you will be able to transfer these learned skills to any sailboat.

Will I know all there is to know about Sailing after the Class?

No. This is an entry level sailing class. It is intended to give you enough practice and information for you to be comfortable sailing on your own. From there you will be able to continue to learn as much as you want.

Can we rent the boats after taking the class?

Yes, but only if you are a member of the club. Ask our office manager how to get signed up!